

Unit 4: Speaking

4.1 Speaking about oneself

Everyone has an interesting story to tell...

Expressing our own thoughts and opinions is important in all stages of life

But people struggles a lot to express themselves in front of others, especially in a different language

There are certain guidelines to follow, while speaking about yourself

- You are the creator of your own story
- Always believe that, Only you can talk about yourself perfectly □
How will you narrate your story?
- Find Your nuggets of ‘ Why ‘ and try to build your narration
- Why do you care about certain things?
- Why are you doing this / that?
- These details will give a clear picture of who you really are.
- Don’t shy away from talking about your past struggles
- Talk about your Achievements
- Talk about your favorite things that you like to do

- Instead of, I like ‘gardening’, Try to speak about “How gardening changes my life style?”
- Instead of, “I love Engineering”, Try to speak about “Why I like Engineering?”

Do’s

- ✓ Be Excited about what you talk
- ✓ Practice answering questions about yourself
- ✓ Record yourself and listen to the recording
- ✓ Make it simple and understandable

Don’ts

- ✓ Don’t memorize your speech beforehand
- ✓ Don’t get panic , if you are asked an unexpected question in the middle of your speech
- ✓ Take a few seconds to think and then answer it
- ✓ Here are some examples on, how you should build your narration about your own self?
- ✓ My name is....
- ✓ I’m from.../ I live in....
- ✓ I like this... because...

- ✓ I don't like it..... Because....
- ✓ In my free time I
- ✓ My favourite isBecause.....
- ✓ In future I'd like to.....

Example:

My name is Erin Stewart, and I am a former bully. It's taken a long time for me to admit that about myself. I wanted to blame other kids for the ways I used to lash out at them, or my siblings for how angry I used to become. But, one day, I ran into a former victim of mine at college, and I was surprised that she didn't seem happy to see me. After talking for a few minutes, she told me how my cruel words stuck with her every day since junior high. How my comments started to define the way she saw herself. I ended the conversation in tears. I always thought they were to blame, but it was me. That day I changed my major to Social Work, and I've been deeply passionate about making life better for every child – victim and

bully – to help end the cycle of anger and hurt. Today, I'm here to talk to you about how social workers can better prepare foster children for transitions without relying on a fragile set of emotions.

4.2 Speaking about one's friend

Here are some useful phrases that helps to speak about a friend.

I spend a lot of time with.....

I have known him/her since.....

We (only) see each other during/at....because...

When we are together we always....

We also both enjoy + noun/ verb + ing.

We normally hang out at the....

We're both big film buffs (you like films).

I really like spending time with.....

He's/ she' such a nice person and very friendly.

I always have a good time when we are together.

What to say

You should say:

- How often you see the friend
- What you do together
- Where you go
- And explain why you like him/her

Notes

Pravin, my best friend from primary school

During university holidays

We play football, cricket and online games

To the sports centre, park, cinema

He is nice, friendly and funny

Sample answer:

I spend a lot of time with my best friend Pravin. I've known him since primary school where we were in the same class.

We only see each other during our university holidays because we don't study in the same city. My university is in Kanyakumari but he lives in Chennai.

When we are together we always play lots of sports like football and tennis. Pravin loves cricket but he is a very good footballer. I prefer cricket but I am not as good as my friend. We also both enjoy playing online games. Our favourite is probably free fire which many of my friends play too.

As we live in a small town there aren't many places to go so we normally hang out at the sports centre or in the big park near my house. We're both big film buffs so we go to the cinema quite often and we get a student discount.

I really like spending time with Pravin, he's such a nice person and very friendly. I always have a good time when we are together and he never fails to make me laugh. In fact, I think he's the funniest person I know.