# AIR AND NOISE POLLUTION, CAUSES, ABATEMENT MEASURES

Some of the ways to control noise pollution are as follows:

- (1) Control at Receiver's End
- (2) Suppression of Noise at Source
- (3) Acoustic Zoning
- (4) Sound Insulation at Construction Stages
- (5) Planting of Trees
- (6) Legislative Measures.

Like all other pollutions, noise pollution needs to be controlled by measures which will maintain the acceptable levels of noise pollution for human beings and buildings as indicated.

# Noise pollution can be effectively controlled by taking the following measures:

#### (1) Control at Receiver's End:

For people working in noisy installations, ear-protection aids like ear-plugs, ear-muffs, noise helmets, headphones etc. must be provided to reduce occupational exposure.

# (2) Suppression of Noise at Source:

## This is possible if working methods are improved by:

- (a) Designing, fabricating and using quieter machines to replace the noisy ones.
- (b) Proper lubrication and better maintenance of machines.
- (c) Installing noisy machines in sound proof chambers.
- (d) Covering noise-producing machine parts with sound-absorbing materials to check noise production.
- (e) Reducing the noise produced from a vibrating machine by vibration damping i.e. making a layer of damping material (rubber, neoprene, cork or plastic) beneath the machine.
- (f) Using silencers to control noise from automobiles, ducts, exhausts etc. and convey systems with ends opening into the atmosphere.
- (g) Using glass wool or mineral wool covered with a sheet of perforated metal for the purpose of mechanical protection.

### (3) Acoustic Zoning:

Increased distance between source and receiver by zoning of noisy industrial areas, bus terminals and railway stations, aerodromes etc. away from the residential areas would go a long way in minimising noise pollution. There should be silence zones near the residential areas, educational institutions and above all, near hospitals.

#### (4) Sound Insulation at Construction Stages:

- (a) Sound travels through the cracks that get left between the door and the wall. For reducing noise, this space (jamb frame gap) should be packed with sound absorbing material.
- (b) Sound insulation can be done by constructing windows with double or triple panes of glass and filling the gaps with sound absorbing materials.
- (c) Acoustical tiles, hair felt, perforated plywood etc. can be fixed on walls, ceilings, floors etc. to reduce noise (especially for sound proof recording rooms etc.)

# (5) Planting of Trees:

Planting green trees and shrubs along roads, hospitals, educational institutions etc. help in noise reduction to a considerable extent.

### (6) Legislative Measures:

Strict legislative measures need to be enforced to curb the menace of noise pollution. Some of these measures could be:

- (a) Minimum use of loudspeakers and amplifiers especially near silence zones.
- (b) Banning pressure horns in automobiles.
- (c) Framing a separate Noise Pollution Act.